

Safer Plan



Do not let a patient with a suicide risk leave your clinic without a safer plan.

Supervision and social support

Appointment given

Follow up treatment arranged

Engagement with your plan

Resolution or partial resolution of the crisis

* Developed by T Nagel & C Thompson (2007),
Yarning About Mental Health AIMHI NT, Menzies School of Health Research

Suicide Risk Assessment



Questions to ask:

Plan: Have they thought about suicide and if so do they have a plan? How detailed is this plan?

Lethality: What method have they chosen?

Access: Do they have access to the method?

Negative views of life and future:

Do they have plans or goals for the future?