

# General Practice Network NT

## Mental Health Skills Training (MHST)



### **gplearning**

Three courses are available:

- Managing Bipolar in General Practice
- Managing Psychosis in General Practice
- Managing Depression in General Practice

Please contact gplearning on 1800 284 789 or [contactus@gplearning.com.au](mailto:contactus@gplearning.com.au) or visit [www.gplearning.com.au](http://www.gplearning.com.au)

### **Med-e-serv**

Mental Health Skills for General Practitioners short course available. Please contact (07) 3251 5900 or [primed.coordinator@medeserv.com.au](mailto:primed.coordinator@medeserv.com.au) or visit [http://www.primed.com.au/products/MES2040/MES2040\\_brochure.cfm](http://www.primed.com.au/products/MES2040/MES2040_brochure.cfm)

### **Black Dog Institute**

Two courses available:

- Troubled Teens: Managing Adolescent Mood Disorders in General Practice
- Demystifying Depression: Managing Depression in General Practice

Please contact Katie Denton on (02) 9382 8518 or [k.denton@unsw.edu.au](mailto:k.denton@unsw.edu.au)

The following training courses are accredited as MHST and FPS ST (old level 1 and 2). Please note they require a significant time commitment from GPs as they are either a six day course or higher education.

### **The College of Medical Hypnosis**

Clinical Course in Hypnosis & CBT (six day course)

Please contact Lindy Hope on (02) 9688 2300 or [info@mindperformance.com](mailto:info@mindperformance.com)

### **NSW Institute of Psychiatry**

Grad Certificate Mental Health Studies in General Practice

Graduate Diploma Mental Health in General Practice

Masters of Mental Health Studies in General Practice

Please contact Natalie Healey on (02) 9840 3833 or [natalie.healey@nswiop.nsw.edu.au](mailto:natalie.healey@nswiop.nsw.edu.au)

### **ThinkGP**

Please visit [www.thinkgp.com.au](http://www.thinkgp.com.au), register and click on the Mental Health Skills Training ALM. Free access to all GPs. Learn the latest in key diagnostic and management of the 6 most frequently seen mental health conditions including bipolar disorder, anxiety disorder, depression, substance abuse, psychosis and schizophrenia.

### **Further information**

For further information please contact Kath Harradine, Manager Mental Health Programs (Top End) on 8982 1069 or [kath.harradine@gpnnt.org.au](mailto:kath.harradine@gpnnt.org.au)